

For Immediate Release:

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Downers Grove Moose Members Participate in “Heart for Life” 5k Run/Walk

A staple of the Downers Grove community since 1930, the Downers Grove Moose Family Center #1535 and Women of the Moose Chapter #973 located at 1030 Warren worked together on a community service project to support **“Heart for Life ‘08” 5K Run/Walk** held in Lisle, IL. on Sunday morning, June 22nd.

Jan Powell and Mike Meador assembled a team of members to participate in this event. The event was for people of all ages and fitness levels and promoted a heart healthy life style. This was a community event that celebrated and promoted cardiovascular health and fitness. Each member made a donation of money and time to **“Heart for Health ’08”** event.

Of our group, three members ran in the event, with our running members finishing between 21 and 36 minutes. Our team of walkers finished the race between 38 and 50 minutes. Our team members ages ranged from 8 to 80.

Moose International is an organization of 1.9 million members that is active in four nations dedicated to bettering the lives of children and the elderly in need, and helping to make communities better places in which to live. Along with other units of Moose International, the Loyal Order of Moose supports the operation of Mooseheart Child City & School, a 1,000-acre community for children and teens in need, located 40 miles west of Chicago; and Moosehaven, a 63-acre retirement community for its members near Jacksonville, FL. Additionally, Moose Lodges conduct approximately \$90 million worth of community service annually.

For more information on the Downers Grove Moose Family Center #1535 or Women of the Moose Chapter #973 visit www.dgmoose.org or contact us at 630-968-4550

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